

Course title:

Hairdressing / Hair Up Styling

Unit title:

Hair up Scheme of Learning

Teacher name:

Sector:

Further Education

Duration:

4 weeks, 3 sessions per week, 75 minutes per session

Learning focus:

Hair-up preparation, sectioning, styling techniques, managing different hair types and textures, accessories, bridal adaptation, troubleshooting, aftercare, and safe working practice.

Session	Topic	Learning Objective(s)	Lesson Activities	Resources
Week 1, Session 1	Introduction to hair-up styling, professional expectations, tools and products	Identify the purpose of hair-up styling in hairdressing; name the core tools and products used; explain the importance of preparation, organisation and professional presentation within a Level 2 hair-up service.	0–10 mins: teacher welcomes learners, shares scheme overview, safety and hygiene expectations, and outlines assessment approach. 10–25 mins: guided discussion on where hair-up styling is used (proms, weddings, events, editorial). 25–45 mins: teacher-led demonstration of tools and products, with learners handling items and annotating a visual checklist. 45–60 mins: paired activity sorting tools/products into categories and linking each to purpose. 60–70 mins: short written knowledge check. 70–75 mins: recap, set expectation for next session, and clarify homework/self-study task to learn key terminology.	Hair-up toolkit, combs, brushes, grips, clips, elastics, pins, sectioning clips, product samples, visual slides, whiteboard, handout checklist.
Week 1,	Hair preparation	Describe the preparation steps needed	0–10 mins: retrieval quiz from Session 1. 10–25 mins:	Mannequin heads, brushes,

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Session 2	checklist and client consultation basics	before hair-up styling; justify why cleansing, drying, detangling, product selection and texture creation affect the finished result; begin to record client consultation information relevant to a hair-up service.	teacher input on preparation checklist and why fully dry hair is essential. 25–40 mins: demonstration of detangling, product application and directional blow-drying principles using a mannequin head. 40–55 mins: learners complete a preparation flowchart showing correct order of service steps. 55–70 mins: role-play consultation in pairs, with one learner acting as client and the other gathering basic information on hair type, density and style preference. 70–75 mins: plenary and teacher feedback on consultation questioning and professional language.	combs, blow-dryer, mousse, heat protector, setting spray, consultation pro forma, flowchart worksheet, mirror.
Week 1, Session 3	Contraindications and safe decision-making	Recognise common contraindications affecting hair-up services; explain when to refuse, postpone or modify the service; practise safe, professional client advice in relation to scalp condition, extensions, mobility issues and product sensitivity.	0–15 mins: starter matching activity linking contraindication names to descriptions. 15–30 mins: teacher explanation of legal, ethical and client-care expectations, including refusal where necessary. 30–50 mins: scenario-based group work analysing case studies such as scalp infection, recent chemical services, matting, alopecia and head lice. 50–65 mins: learners decide whether to proceed, modify or refuse, and record justification. 65–75 mins: quick oral questioning and exit ticket assessing knowledge of safety-first decision making.	Case study cards, contraindication fact sheets, scenario worksheets, pens, projector, whiteboard.
Week 2, Session 1	Accurate sectioning and foundation building	Demonstrate clean, straight partings and logical sectioning; explain the impact of tension, symmetry and head shape on design; begin to build simple foundations that support hair-up styling.	0–10 mins: recap quiz on contraindications. 10–25 mins: teacher input using diagrams of the head shape and natural zones. 25–45 mins: live demonstration of clean partings with the tail of a comb, followed by learner practice on mannequin heads. 45–60 mins: paired peer review of sectioning accuracy using a checklist. 60–70 mins: teacher demonstrates how to create a simple hidden foundation with elastics. 70–75 mins: plenary discussion of common errors and how to correct them.	Mannequin heads, tail combs, sectioning clips, small elastics, mirrors, sectioning checklist, diagram handouts.

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Week 2, Session 2	Long hair techniques: braids, twists, buns and half-up designs	Select suitable long-hair techniques for specific styles; practise braiding, twisting and bun formation; understand how long hair supports volume, symmetry and creative variation.	0–15 mins: starter identifying styles commonly created on long hair. 15–30 mins: teacher demonstration of fishtail braid, rope twist and low chignon basics. 30–55 mins: learner practice on mannequins, working progressively from one technique to another. 55–65 mins: mini critique on tension, neatness and evenness. 65–75 mins: recap and self-assessment using success criteria.	Long hair mannequins, brushes, combs, grips, elastics, sectioning clips, styling spray, success criteria sheets, step-by-step visual aids.
Week 2, Session 3	Short hair techniques and creating support with extensions, padding and texture	Adapt hair-up techniques for shorter hair; explain how extensions, padding, micro-braids and directional blow-drying increase styling options; build a secure base for short-hair hair-ups.	0–10 mins: review of long-hair techniques. 10–25 mins: teacher explanation of why shorter hair needs added support. 25–45 mins: demonstration of placing padding and clip-in extensions on a mannequin. 45–60 mins: learner practice creating small anchor sections and compact support structures. 60–70 mins: discussion of suitable styles for short hair, including half-up looks and decorative accessory use. 70–75 mins: plenary and verbal questioning.	Short hair mannequins, clip-in extensions, hair donuts, sponge padding, pins, elastics, texturising spray, styling combs, visual reference cards.
Week 3, Session 1	Managing straight, wavy and curly hair textures	Compare the needs of straight, wavy and curly hair in hair-up styling; choose appropriate products and techniques; adjust tension, sectioning and finishing according to texture.	0–15 mins: starter discussion on what happens when each texture is over-manipulated. 15–30 mins: teacher-led explanation with image examples. 30–50 mins: stations activity where learners rotate through texture-specific planning tasks. 50–65 mins: paired practice of choosing suitable prep and styling strategies for each texture. 65–75 mins: short written task linking texture to technique and product selection.	Texture reference images, mannequin heads, curl creams, smoothing sprays, texturising spray, wide-tooth combs, planning worksheets, projector.
Week 3, Session 2	Achieving hold: backcombing, pinning, product layering and finishing	Demonstrate strategies to prolong the hold of hair-up styles; use backcombing, pinning, elastics and layered products safely; recognise and correct common faults such as collapsing shapes and	0–10 mins: recap on texture considerations. 10–25 mins: teacher demonstration of strategic backcombing and pinning into the structure. 25–50 mins: learners practise pinning in opposing directions and building a secure base. 50–60 mins: teacher shows how to layer product without overloading the hair. 60–70 mins:	Mannequin heads, backcombing combs, pins, U-pins, clear elastics, hairspray, texture spray, mirror, evaluation checklist.