

Session	Topic	Learning Objective(s)	Lesson Activities	Resources
Week 1 – 75 minutes	Introduction to spray tanning and professional expectations	Understand what spray tanning is, how DHA works, and why spray tanning is used as a temporary cosmetic treatment. Identify the purpose of the unit and expected professional standards in Further Education practical learning.	0–10 mins: Register, outline lesson aims, ground rules, and salon-style conduct. 10–25 mins: Teacher input with visual examples explaining spray tanning, DHA, the development process, and the fact that it does not replace sun protection. 25–40 mins: Group discussion on client expectations, reasons for choosing spray tanning, and common misconceptions. 40–55 mins: Guided questioning using sample product images and simple scenario cards. 55–70 mins: Learners complete a short knowledge check and label a basic process diagram. 70–75 mins: Plenary and recap of key terminology.	Whiteboard, projector, image slides, handouts of terminology, simple quiz sheet, annotated process diagram.
Week 2 – 75 minutes	Consultation and client care	Carry out and record a thorough consultation before treatment. Recognise what must be checked regarding client requirements, skin condition, allergies, sensitivities, medical information, previous reactions, patch testing, and aftercare planning.	0–10 mins: Starter recap quiz on previous learning. 10–25 mins: Teacher-led explanation of consultation structure and why every treatment begins with a full consultation. 25–45 mins: Demonstration of a model consultation, including questioning technique and professional communication. 45–60 mins: Learners role-play therapist/client consultation in pairs using a consultation checklist. 60–70 mins: Feedback, correction of questioning language, and discussion of how to record findings accurately. 70–75 mins: Exit ticket identifying three must-ask questions and two reasons a treatment might be postponed.	Consultation record sheets, scenario cards, sample client profile, pen, projector, checklist template.
Week 3 – 75 minutes	Health and safety, PPE, COSHH and preparation	Understand health and safety requirements for spray tanning. Identify ventilation, PPE, client protection, eye and respiratory protection, hygiene, electrical safety, spill management, product storage, COSHH, waste disposal and preparation of therapist, client and work area.	0–15 mins: Starter discussion of hazards in a spray tanning area. 15–35 mins: Teacher presentation linking each safety requirement to real salon practice. 35–50 mins: Practical walk-through of the workstation: positioning equipment, protecting surfaces, checking product dates, and organising disposables. 50–65 mins: Learners complete a health-and-safety matching activity and identify correct PPE for therapist and client. 65–72	PPE examples, workstation set-up items, COSHH sheets, disposable coverings, cleaning products, handouts, hazard cards.