

Session	Topic	Learning Objective(s)	Lesson Activities	Resources
Week 1 / Session 1 (75 minutes)	Introduction to hair removal and the role of waxing within hair removal treatments	To understand the purpose of hair, the main hair removal methods available, and where waxing sits within the wider treatment options for clients in Further Education.	Starter: tutor-led discussion on personal choice, client choice, and informed decision-making. Main input: explain body hair functions and overview the full range of hair removal methods. Guided comparison activity: learners sort methods by temporary/permanent, cost, speed, pain, suitability for face/body, and frequency of treatment. Plenary: brief questioning to check understanding of why waxing is a popular salon treatment. Assessment: oral questioning and mini whiteboard responses.	Whiteboard, slide presentation, comparison hand-out, mini whiteboards, pens, images of treatment methods.
Week 2 / Session 2 (75 minutes)	Industry codes of practice: hygiene, sterilisation, sanitisation and salon cleanliness	To explain why hygiene is essential in waxing treatments and to identify the correct methods of sterilisation, sanitisation, hand hygiene, waste disposal and surface cleaning.	Starter: recap quiz on last session. Main input: teacher explanation of infection control, cross-infection and secondary infection, followed by demonstration of correct handwashing and PPE. Learners work in pairs to match items of equipment to the correct sterilisation or sanitisation method, then sequence a treatment-room hygiene routine from client arrival to end of treatment. Include discussion of sharps disposal, towel laundering, and surface cleaning. Assessment: paired feedback and a short written knowledge check.	Handwashing sink or demonstration materials, PPE samples, cleaning and sterilisation cards, worksheet, sharps bin image, towel and waste disposal flow chart.
Week 3 / Session 3 (75 minutes)	Consultation, patch testing, assessment of the area and client preparation	To carry out a structured waxing consultation, recognise the importance of patch testing, and describe how to prepare the client and treatment area safely and professionally.	Starter: paired recap on hygiene. Main input: tutor models a consultation, including greeting, record card completion, open and closed questions, and explanation of cost, time, frequency and aftercare. Learners practise role-play consultations in triads, rotating roles of therapist, client and observer. Tutor then demonstrates how to assess skin condition, hair length, growth pattern and suitable product choice. End with a patch test explanation and timing requirement of 24–48 hours. Assessment: observation checklist and peer feedback using success criteria.	Record cards, consultation checklist, scenario cards, patch test information sheet, mirror, trolley set-up visual, assessor observation pro forma.
Week 4 / Session 4	Contra-indications, contra-actions and	To identify contra-indications that restrict, adapt or prevent waxing and	Starter: sorting activity with images and case studies. Main input: teacher-led explanation of restrictive and preventing	Scenario cards, contra-indication hand-out, aftercare